

## Know Your Vegetables

### Sustainable Ag. Resources for Growers

(all links current as of March 2009)

*There are a great number of useful websites to help new and experienced growers access information. The following is a smorgasbord of sites that I've found helpful over the years...*



Acres U.S.A. – A Voice for Eco-Agriculture - <http://www.acresusa.com/magazines/magazine.htm> They publish a number of important ag books and have a monthly magazine, subscriptions are \$27/Year.

\*ATTRA – National Sustainable Agriculture Information Service – <http://attra.ncat.org/> Proof yet that our federal government can be a force for good in some areas. Their resource publications are top notch.

Bay State Organic Certifiers - <http://www.baystateorganic.org/> For information on rules/regulations for certified organic production in Massachusetts.

Biodynamic Farming and Gardening Association - <http://www.biodynamics.com/> National organization, membership includes a subscription to the Biodynamics Quarterly Journal.

Brix Bounty Farm Blog – <http://brixbounty.blogspot.com/> - Find additional resource pages, including info on soil testing laboratories, nutrient dense foods, Southcoast events, and more.

Cornell Small Farms Program - <http://www.smallfarms.cornell.edu/index.cfm> - Cornell is doing a lot of work to help small growers; including the development of the relatively new Cornell Soil Health Test.

\*EMassCRAFT - <http://www.emasscraft.org/main/index.asp> Collaborative Regional Alliance for Farmer Training of Eastern Massachusetts. See also <http://www.craftfarmapprentice.com/> in Western Mass/Hudson Valley. The Western Mass site has an extensive book list and resources for apprentices. EMassCRAFT develops a seasonal schedule of farm visits for apprentices and growers to share, exchange, and build the farm network.

Growing for Market <http://www.growingformarket.com/> Monthly Magazine focusing on market production; one of the more respected publications for small growers.

International Ag. Labs - <http://www.aglabs.com/> (MN) Soil testing lab with a focus on nutrient dense foods. See also the website managed by Jon Frank - <http://www.highbrixgardens.com/garden/faq.html>

Leopold Center for Sustainable Agriculture - <http://www.leopold.iastate.edu/>

Maine Organic Farming and Gardening Association - <http://www.mofga.org/> Besides hosting the annual Common Ground Fair in September, MOFGA is a great resource for useful information.

\*Market Farming List-Serve Archive <http://lists.ibiblio.org/mailman/listinfo/market-farming>

National Sustainable Agriculture Coalition - <http://sustainableagriculture.net/> Folks working on organic ag policy in DC and at the grassroots level.

# Know Your Vegetables – Sustainable Ag. Resources for Growers

New England Small Farm Institute - <http://growingnewfarmers.org/>

New Entry Sustainable Farming Project - <http://nesfp.nutrition.tufts.edu/> Organization based in Boston focusing on helping new growers gain the skills and resources necessary to become sustainable and profitable.

\*New Farm (PA) – [http://www.rodaleinstitute.org/new\\_farm](http://www.rodaleinstitute.org/new_farm) Great site operated by Rodale Institute reporting on research they are doing; also includes active forums, organic price reports, and articles.

Northeast Organic Farming Association – Massachusetts Chapter (NOFA-Mass) - <http://www.nofamass.org/> Organization dedicated to promoting organic food production and land care. They hold conferences and workshops for organic farmers, gardeners, and consumer. Membership includes subscription to the Natural Farmer. They also publish the annual Organic Food Guide.

The Organic Center - <http://www.organic-center.org/> Working to “generate peer reviewed” publications that focus on the benefits of organic food consumption and production .

OMRI Organic Materials Review Institute - [http://www.omri.org/OMRI\\_products\\_list.php](http://www.omri.org/OMRI_products_list.php) List of Organically Allowable Products and Companies

Soil and Health Library - <http://www.soilandhealth.org/> Free pdf library of out of print books.

Southeastern Massachusetts Agricultural Partnership (SEMAP) - <http://www.umassd.edu/semap/> Buy Fresh, Buy Local Campaign and B2B Network Membership. They also publish a local food guide for Southeastern Massachusetts, available for free in print and online. Free farm listing on-line.

The Real Food Campaign - <http://www.realfoodcampaign.org/> - Join a new effort to support nutrient dense food production. (website currently in production) In the future they will offer a refractometer with paid membership.

USDA Terminal Market Reports - <http://www.usdareports.com/> Find out what prices are for produce at the terminal markets in Boston, NY, and more.

UVM - Center for Sustainable Agriculture - <http://www.uvm.edu/vtvegandberry/> A plethora of great links maintained by Vern Grubinger. See also <http://www.uvm.edu/~susagctr/>

\*Vegetable Notes – Newsletter from UMass Amherst – focusing on IPM and pest updates; free pdf [http://www.umassvegetable.org/newsletters/current\\_news.html](http://www.umassvegetable.org/newsletters/current_news.html)

Weston A. Price Foundation - [http://www.westonaprice.org/splash\\_2.htm](http://www.westonaprice.org/splash_2.htm) A reminder that food is about nutrition.

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