

# Local, Nutritious, Farm Fresh Produce... Grown in Dartmouth is a Wintertime Reality!

## Announcing Brix Bounty Farm's 2016-2017 Wintertime

Community Supported Agriculture (CSA) Program



## Alliums, Fresh Greens, Root Crops, & More

Farm Fresh Brix Bounty Vegetables to Supplement Your Wintertime Diet with Deep Nutrition

10 Distributions: November 2016 through May 2017

Enrollment will be strictly limited to 35 shares

Registration will open for new members on September 24<sup>th</sup>, 2016

More Information available online at <http://www.brixbounty.com/csa/wintertime/>

## 2016 – 2017 Brix Bounty Wintertime CSA Distribution Calendar – Tentative Pickup Dates

*10 Distributions from November > May... from 12 tentative scheduled dates >> 10 distributions likely...*

**Pickups are at the Farm (449 Bakerville Road, Dartmouth, MA 02748) Noon to 7PM**

**Due to the nature of wintertime production our distribution dates are not guaranteed**

Friday November 4<sup>th</sup>

Friday November 11<sup>th</sup>

Friday November 18<sup>th</sup>

Friday December 2<sup>nd</sup>

Friday December 9<sup>th</sup> (perhaps)

Friday December 16<sup>th</sup>

Friday January 6<sup>th</sup>

Friday January 20<sup>th</sup>

Friday February 3<sup>rd</sup>

Friday March 3<sup>rd</sup> (perhaps)

Friday April 7<sup>th</sup>

Friday May 12<sup>th</sup>



*Producing greens through the winter is inherently more variable than summertime production. Growth rates in the fieldhouses are impacted by daytime high temperatures, nighttime low temperatures, and sunlight. The distribution schedule outlined above is our best estimate on planned harvest dates. We will adjust as the seasons develop. A note about the weather: Occasionally Mother Nature makes travel in the wintertime dangerous. If a distribution needs to be "postponed" due to the weather we'll plan to hold the distribution on the following day, Saturday.*

*We are in the process of expanding our capacity for wintertime production on the farm, we currently have about 4,000 square feet of fieldhouse space, and plan to build our second fieldhouse this fall (November 2016). We will continue to add additional houses through 2018 which will increase our total fieldhouse space to more than 12,000 square feet. In time we aim to develop a wintertime CSA distribution schedule which provides a nice selection of greens every other week throughout the winter and into the Springtime. We are continuing to trial planting dates and experiment with different varieties, seeking out the best options for deep winter production.*

***As with previous winters, the volume of produce will be heavily skewed toward distributions in November & December. Distributions after the new year will be much lighter; "a sampling of the winter"...***

## 2016-2017 Brix Bounty Wintertime CSA

### List of Crops – which we currently hope to include in this Winter’s CSA distribution:

- Asian Greens
- Arugula
- Beets
- Cabbage\*
- Carrots\*
- Cilantro & Dill
- Chard
- Fennel
- Kale
- Leeks
- Lettuce Mix
- Mustard Greens
- Onions
- Radishes
- Pac Choi
- Parsley & Sage
- Potatoes\*
- Spinach
- Turnips
- Winter Squash

*Unlike our main season CSA, with the Wintertime CSA we already have an idea of how our crops are growing for the upcoming distribution season... Our cabbage, carrot, and potato yields will be light this fall. As a result of very dry field conditions in late summer we decided to forego some of our long season brassica plantings. Thanks for understanding.*

### *Limited or unavailable in 2016-2017 due to production challenges during our growing season:*

Broccoli, Brussel Sprouts, Cabbage, Cauliflower, Celeriac, Parsnips, Sweet Potatoes...

Our wintertime CSA distributions will include a late fall mix of storage crops, greens grown under row cover, and crops grown in our fieldhouses, and a small selection of late season field harvested crops. Because of the increased labor requirement for storage crops and small scale fieldhouse production; the price per unit of vegetable for the wintertime share is higher than the price per unit for summertime share items. Our distributions will typically include 4-10 items depending on the time of the year and are intended to supplement a family’s wintertime vegetable consumption. The selection will naturally be less varied than our summer distributions, a result of a narrower selection of crops suitable for wintertime storage and/or production.

### **We offer our Wintertime CSA share for the folks seriously committed to local, nutritious vegetables!**

**Wintertime Vegetable CSA Share Price** – Our prices reflect our deep commitment to growing top quality produce using sustainable practices which emphasize care for the earth. Going forward we are striving to take the necessary actions to make accelerated steps toward improved nutritional quality in our production. To this end we are inviting our CSA members to make a voluntary investment in our Capital Fertility Plan, dubbed the **Deep Nutrition Share** (\$50 - 100 investment for wintertime shares).

## Deep Nutrition Share Investment Option Information

Central to our growing practices at Brix Bounty Farm is a deep commitment to elevating the nutritional quality of our produce. This commitment includes an ongoing investment in the capital fertility requirements of our fields. In the fall of 2011, we decided that we would like to take accelerated steps toward improving the nutritional quality of the produce we grow at Brix Bounty Farm. This decision is grounded in 2 sharp realities:

- 1) Although we already have a strong commitment to nutritional quality, we currently could be doing more to improve the nutrition of our produce.
- 2) Long-term, our farm will be best able to produce nourishing sustainable harvests if we aggressively amend our soils while the transportation costs of minerals remains relatively low.

The origins of the Deep Nutrition Share: We are all faced with options and choices... in the early fall of 2009, we learned that Katie was pregnant. At the time we had very little infrastructure for wintertime production on the farm. One of my first actions as an expectant father was to contact Mike Merner at Earth Care Compost (<http://www.earthcarefarm.com/>) in South County Rhode Island. Mike has a terrific reputation for producing top quality organic compost and I could think of no better investment in the early prenatal nutrition of our family than to invest in his potting mixes for the raised beds I started to build in our propagation greenhouse. Financially this was a significant investment for our household to undertake, but the result was terrific fresh greens harvested throughout December, January, and February of that winter. Combining Mike's soil mix with our blend of mineral amendments produced fine quality greens which yielded well, tasted excellent and provide our family with immensely valuable nourishment during that winter of growth.

We want to give our CSA community members the option to help our farm invest in our future fertility by making a voluntary contribution to our Deep Nutrition Share Fund. The proceeds of these contributions will be used to address the capital fertility needs as identified in our farm's current capital fertility plan.

**By investing in the Deep Nutrition Share you will not be receiving additional produce, but you will empower our farm to take actions to improve the nutritional quality of the produce you receive. We feel we must continue to strive to improve the resilience of our communities by increase the nutritional value of our produce. The blessings of these actions is the resulting strong correlation between flavor and nutrition. Eating well this wintertime can taste delicious.**

Eliot Coleman describes fresh nutritious produce as "Health Assurance" instead of Health Insurance. As we continue to improve our soils, we hope to offer our CSA members an unmatched level of health assurance through the production and distribution of Brix Bounty Vegetables.

Our 2016-2017 Wintertime Deep Nutrition Share Investments will be used to purchase high quality compost to amend our fieldhouse beds, this will be especially important in our newest fieldhouse which will be constructed in fall 2016. If you are financially able, we hope you'll support our fertility efforts this year. Thanks!

**Please join us in making a commitment to health and invest in a Deep Nutrition Share!**



# We Want to Invest in Our Health – 2016-2017 Brix Bounty Wintertime CSA Share

Name: \_\_\_\_\_ Family Members: \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

*For Current CSA Members, if we have your current contact info you only need to fill out name(s) and current email.*

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We would like to invest in a: \_\_\_\_\_ Wintertime Vegetable Share – Fridays – Noon - 7PM  
at Brix Bounty Farm, 449 Bakerville Road, Dartmouth, MA

**Wintertime Vegetable CSA Share Price** – Our prices reflect our deep commitment to growing top quality produce using sustainable practices which emphasize care for the earth. We are striving to take the necessary actions to make accelerated steps toward improved nutritional quality in our wintertime production. To this end we are inviting our CSA members to make a voluntary investment in our Capital Fertility Plan, dubbed the **Deep Nutrition Share** (\$50 - \$100 investment for wintertime shares). See our Wintertime CSA Share Information for complete information about our **Deep Nutrition Share Investment Option**.

## 2015-16 Brix Bounty Farm Winter Share Price – 10 distributions

Wintertime CSA Share	\$250
Wintertime Deep Nutrition Share Investment (Optional)	\$50 100
Total	_____

**Balance Due is preferred at Time of Registration or by October 31<sup>st</sup> at the latest.**

**Please make checks payable and send registration form to Brix Bounty Farm, 1 Seth Davis Way, Dartmouth, MA 02748**

I have read the 2016-2017 Brix Bounty Wintertime CSA Registration Information.  
I agree to share the risk and share the bounty with the farm.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Contact the Farm at

508-992-1868

[www.brixbounty.com](http://www.brixbounty.com)



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