



# Making Major Money with Minor Crops

#### PRODUCING PROFIT ON THE EDGES

(BASIL, CILANTRO, CHOI, PARSLEY, SCALLIONS, SHALLOTS, & SUMMER LEEKS)

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#### 2016 NOFA/MASS WINTER CONFERENCE

SATURDAY JANUARY 16, 2015 - WORCESTER, MASS

# Brix Bounty Farm

Exponential Growth in Health Care Costs

# Growing a Foundation for Health... Starts in the Soil

Market to Our Immediate Community

Passion for Growing Food (Working in the Field)

Harness Nature's Bounty - > Employing Nature's Diversity



# Productivity & Profitability

Seeds
Soil
Sunshine
Rain
Labor
(\$) Customers
=
Veggies

# Specialty Crops Project - NOFA/MA, NH, & VT

3 year project funded by USDA Specialty Crops Grant (administered by each state)

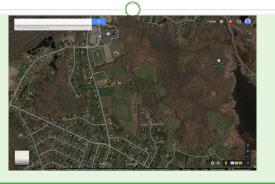
32 farms each growing 2-3 crops

Enterprise Analysis

Examining Productivity & Profitability

Wiswall, *Organic Farming Business Handbook* Hartman, *Lean Farm* 





Brix Bounty Farm - Labor & Experience

Derek Christianson – Growing Veg Since 2002. Brix Bounty 2008, Relocated (2 miles) in 2014

~7 acres under production w/3,500 sq. ft. under plastic

2 Full-Time Employees (March > Nov) + winter 1 Part-Time Seasonal (May-Aug) + 3-4 workshares David King – Tractor Work – primary tillage, etc (100 hrs)

## Brix Bounty Budget at a Glance

"Early Stage Maturity" at Markets \$145K Veg Sales projected for 2016

Roadside Stand (\$80K)

80-90 member Summer CSA (\$45K) 40 member Winter CSA (\$12K)

Downtown NB Market (\$8K) ~\$3-5K additional Farm Income (consulting, projects)

# Gross Sales "Targets" per Bed

Currently we have 233 beds on the farm – approx. 7 acres 33 beds per acre (1320 sq. ft. – 220' x 6' avg.)

#### High Value Crops

Target 60K + per acre or 2K per bed (-1.50 sq. ft.)

# Medium Value Crops

Target \$35K per acre or \$1k per bed (~\$1 sq. ft.)

#### Low Value Crops

Target \$20K per acre or \$600 per bed (~.50 sq. ft.)

# Enterprise Budgets: Simple > Complex

# The Importance of Fieldkeeping



Accurately Reflect Costs of Production

Budgeting our Time

Determining Profit Pricing

Labor Costs – At Brix Bounty

# Labor Costs are the Largest Cost for the Farm.

Our Crew – an Investment in the Community Wages Rise as Farm's Capacity Increases...

Target Net Income \$40-50K (depending on reinvestment)
~3500 hours (\$11.50 - \$14 hour)
includes community work and non-production hours

# Gauging Your Farm's Common Rates

Cost of Producing Flats (GH Production)
Primary & Secondary Tillage
Amendment Applications
Direct Seeding / Transplanting

**Row Cover** 

Cultivation & In-Season Fertility

Irrigation

Harvest

Post Harvest

Mowing & Establishing Cover Crops

#### Basil

GH (4-5 wks) > TP (4-6 wks) > H Select Varieties for Your Needs: Italian Large Leaf 4 seeds/cell – 128's at 3 Rows 6'' or 1' At Brix in '16 – 15M for 500' + 240' late (\$30 for seed/3yrs)

Target Yield of 6 bags per bed foot for main crop {CSA 100x10, Mkt 24x12, Stand 1,500 = 2,788} \$3 per bag
Gross Target: \$18 per bed foot \$3,960 per bed or ~\$140K per acre







# Perspectives on Basil

Ultimate High Value Crop (Especially in Tomato Season)

Alas... Basil Downy Mildew – limits sales in Fall

Select the Harvesting Method which Meets Your Needs

At Brix we Harvest Large Bunches from the Top and Bunch or Bag (mostly bag – reduce injury to leaves, etc.)

Seasonality – we offer a bounty to our CSA w/ease during high season...

# 5 Characteristics of High Value Crops

Short "Real-Estate" Period (days in the field)
Scallions vs. Lexton Leeks

Compact Growth Habit / May Be Densely Planted Cilantro vs. Artichokes

Multiple Harvests (re-growth)
Basil vs. Cabbage

Easy/Quick to Harvest, Minimal Post Harvest Work Parsley vs. Green Beans (slow harvest)

Small Size per Unit – High Value per Space on Market Truck Shallots vs. Watermelons

# Potential Gross Value for These Crops (weeks in the field)

Basil (10-12): \$18-\$20/bed foot (at \$3/bag) - 6 - 6.75 bags

Choi (3-8): \$7.50 - \$15/bed foot (at \$2.50/bunch) - 3-6 b. alternatively cut loose for multiple harvests (in the spring/fall)

Cilantro (6-10): \$18/bed foot (at \$2/bunch) – 9 bunches Parsley (-16): \$18/bed foot (at \$2/bunch) - 9 per bed' Scallions (6-8): \$6/bed foot (at \$2/bunch) – 3 per bed' Shallots (16): \$8.25/bed foot (at \$3 per pint or ~\$.75 ea) Summer Leeks (12-16): \$9 - \$10.50/bed foot (\$3 - \$3.50)

# Choi

GH (3 wks) > TP (3-8 wks) H
Select Varieties for Your Needs:
Joi Choi (types), Black Summer, Mei Qing, Red Choi
2 seeds/cell – 128's at 3 Rows 6''
At Brix in '16 – 15M for 1200' (\$50 for seed)

Target Yield of 3 bunches per bed foot = 3,600 bunches {CSA 100x7, WCSA 40x4, Mkt 12x17, Stand 1,200 = 2,264} \$2.50 per bunch Gross Target: \$7.50 per bed foot \$1650 per bed or ~\$60K per acre

# Choi - June 15, 2015



# Choi – December 27, 2015





# Perspectives on Choi

# Very Broad Harvest Window - Great for CSA

cut at baby stage if you need a cooking green, let grow to larger size as necessary

Protect from Flea Beetles – at planting

Bunching ... takes a while 2-3 b. per minute (\$300-\$450 H/Hr)

"Easier" to produce high quality in the fall

Increase Yield (equal footprint)...

1st cut as loose leaf in Oct 2015

#### Cilantro

Multiple Successions – Transplanted, yes Transplanted! GH (3-4 wks) > TP (3-5 wks) > H:

#### Calypso

4 seeds/cell – 128's at 3 Rows 6" – protect from rodents At Brix in '16 – 20M for ~740' (\$13.25 for seed - extra)

Target Yield of 6 bunches per bed foot per succession {CSA 100x11, WCSA 40x5, Mkt 24x17, Stand 2,000}

\$2.00 per bunch Gross Target: \$12 per bed foot \$2,640 per bed or ~\$95K per acre

# Calypso Cilantro – June 12, 2015



# Perspectives on Cilantro

Potential for very good returns per square foot

Hand transplanting allows "young" seedlings to be set out. & "Wide Window" for Initial Cut... potential for 2x-3x cuts

FERTILITY MANAGEMENT (Calcium)

Very Quick to Harvest (when well cultivated)

Gardeners are challenged by cilantro... strong market

#### Parsley

Multiple Successions
GH (5-6 wks) > TP (5-6 wks) > H:
4 seeds/cell – 128's at 3 Rows 6'' – protect from rodents
At Brix in '16 – 15M seed for 240'(3x), 120'(3x), 240'(2x)
(\$18 for seed) FRESH EVERY YEAR!

Target Yield of 9 bunches per bed foot per succession \$2.00 per bunch Gross Target: \$18 per bed foot \$3,960 per bed or ~\$142K per acre {CSA 90x9, WCSA 40x6, Mkt 30x17, Stand 2,000}

#### Determining Demand and Seasonality

### Parsley - 1,060 b. after October 1, ~3,600 b. total

Summer CSA – 9 distributions x 100 = 900 b. Winter CSA – 6 distributions x 40 = 240 b. Market – 17 markets x 30 = 510 b.

Stand =  $\sim 2,000$  b.

June 50 x 4 wks = 200 July 90 x 4 wks = 360 Aug 120 x 4 wks = 480 Sept 90 x 4 wks = 360 Oct 60 x 4 wks = 240 Nov 40 x 4wks = 160

Dec  $25 \times 4 \text{ wks} = 100$ 

Perspectives on Parsley – Deer Fencing!

Potential for Very Good Returns per square foot

Market Preference for Flat Leaf

Alternaria & Leaf Blight

Very Quick to Harvest - when well cultivated Target 4-6 bunches/minute (\$480-\$720 H HR)

Quick to wash (if necc)

Need to Over-Produce in Summer to Meet Need in Fall?

#### Scallions

GH, TP, H
Parade, White Spear
5-6 seeds/cell – 128's at 3 Rows 6''
At Brix in '16 – 33M for 1100' (\$30-\$50 for seed)

Target Yield of 3 bunches per bed foot = 3,300 bunches {CSA 100x5, WCSA 40x4, Mkt 20\*17, Stand 2,000} \$2.00 per bunch
Gross Target: \$6 per bed foot \$1,320 per bed or ~\$47K per acre







Scallions - August 20, 2015



# Perspectives on Scallions

Very Popular at Market, Wide Harvest Window (if quality/market support is there)

LABOR INTENSIVE TO HARVEST
Pull, Trim Roots, Bunch, Top (if necc) > Spray
60 bunches / hr (\$120 H Hr)
Post Harvest pretty quick > (\$100 H+PH Hr)
If less peeling necc ... up to 120 bunches / hr

at Competition for what other activities? We limit scallions to our CSA (2x June, 1x Summer, 2xFall)

Considering Input Costs – a Case for Compost

Traditional Scallion Culture at Brix Bounty – 3Rows,  $6^{\prime\prime}$ 

1 Bed Yields ~660 bunches or \$1,320 Value

Casella Compost - \$24.75/cu. yd. delivered

If we were to apply 2 yards to a bed (70 yds/acre) cost would be \$50 + labor to apply...

Provide fertility for 5 Rows, 6" > \$2,200 Value

\$880 Increase in Gross Value minus Costs of Compost

Roles of "Minor Crops" on the Farm

Create market diversity for our farmstand, CSA, and farmers market customers.

#### Crop Diversity = Our Crop Insurance

Provide crops which are less common or less consistent in home gardens – e.g. complement tomatoes





#### Shallots

GH (seeded):22715, TP: 50215, H: mid-August Camelot (large size), Conservor 2 seeds/cell – 128's at 3 Rows 6'' At Brix in '16 – 3M for 220' (\$52.25 for seed)

Target Yield of 4 x ½ pints per bed foot = 880 boxes {CSA 90x3, WCSA 40x5, Mkt 60, Stand 350} \$2.50 per ½ pint or \$.75 each Gross Target: \$10 per bed foot \$2200 per bed or ~\$80K per acre

#### Camelot Shallots – August 20, 2015



#### Perspectives on Shallots

Classic High Value Crop - ~\$4 to \$6 per lb. We market at the stand: \$2.50 for a heaping ½ pint or \$.75 each

Start in GH early as reasonable, keep weeds and pests at bay

#### Harvesting & post harvest is "labor intensive"

15 minutes per 5 gallon bucket if peeling/clipping for fresh market sales
If 26 buckets = 6.5 labor hours in field + 2 post harvest
(\$250+ per hour H+PH value)

Good storage life... but at what cost? Aug-Dec at Brix

# Summer Bunching Leeks

GH 222 or 229 > TP 425 > H: beginning mid/late July Lincoln, Alto (High Mowing Seeds)
5 seeds/cell – 128's at 3 Rows 6"
At Brix in '15 – 4M for 120' (\$12 for seed) – 2x in '16?

Target Yield of 3 bunches per bed foot = 360 bunches {CSA 100x2, Mkt 8x6=48, Stand 20x6=120} \$3 - \$3.50 per bunch
Gross Target: \$9-10.50 per bed foot \$1,980 per bed or ~\$70K per acre

Perspectives on Alto Leeks (8/20/15)

Popular among "Foodies"

Not much more work than scallions
(2 additional cultivations)
a bit more \$ per bed foot

Provides mid-season allium diversity avoid onion burnout in CSA preview of Fall Leek season



#### Takeaways

Labor is Expensive... (Lens > That is Good)

Fertility is Both a Good Short and Long Term Investment

"Fieldkeeping" - A Decision Making Tool

Minor Crops Are Only 1 Part of the Picture

Focus on Major Crops - Where You Invest the Most Land and Labor

# Quick Exercise Sheet – Determining Harvest Needs

#### Mkt Outlet #1

# of Units

x Distributions

#### Mkt Outlet #2

......

# of Units

#### x Distributions \_\_ Mkt Outlet #3 \_\_

# of Units

x of Distribution\_\_\_\_

TOTAL # OF UNITS \_\_\_

Yield Per Bed Foot \_

Estimate Yield in Field at 80 – 90%

therefore plant additional 25%

Also plan for losses in the gh

seed additional 10-20% of # of transplants needed

# Fieldkeeping Made Easier

Dedicated Clipboard or Folder (if multiple person team)

Don't Try to Measure Everything... Measure Standard Rates

"Snapshot" of yields and time spent on activity

i.e. GH Spinach (Jan 8, 2016) – 34 X-L Bags – 30 bed '
FH beds at 5R, 6'' - plants cut to base
4 Orange Bushel Baskets – 40 min to H + PH (bag)
\$5 per bag value = ~\$250 per H + PH HR

## Growing Profit at the Edges

Important to Consider Fixed Costs of Farming

If you have customers, is there something you could add to your production cycle which would be popular and profitable.

Helpful for CSA, but real profit for these crops come from market, stand, direct sales...

Capacity to create your own niche

# **Upcoming Educational Events**

Winter Study Session (Wednesdays in Feb/Mar.)

The Farm at Ecosystem – Jerry Brunetti

Soil & Nutrition Conference 2016 – Feb 8,9 at Kripalu Mid-Season Corrections w/ Foliar Sprays

SEMAP Ag & Food Conference – Sunday Feb 28 – Dighton

Hugh Lovel – March 5-7 in Warren, Rhode Island http://bionutrient.org/events

# Thank You

Handouts & Presentation
Available at <a href="https://www.brixbounty.com">www.brixbounty.com</a>

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